

Menu Schedule Week 4 Date: September 20 - 24, 2010

AM Snack	AM Snack	AM Snack	AM Snack	AM Snack
Graham Crackers Cream Cheese Jam Milk	Arrowroot Cookie Fresh Fruit Water	Trail Mix Milk	Apple Slices Pea Butter Water	Muffins Milk
Lentil and Vegetable Stew Dinner Rolls Cheese Vegetable Tray Dip Fruit Cocktail Milk	Chicken and Vegetable Stir Fry Couscous Fruit Salsa Yogurt Milk	Taco Salad Hamburger, Lettuce, Cheese, Salsa, Tomato, Sour Cream, Shredded Carrots Nacho Chips Fresh Fruit Milk	Tuna Casserole Beets Bread and Butter Sorbet Milk	Barbecued Hamburgers Condiments, Cheese Pickles Vegetable Tray Dip Apple Sauce Milk
PM Snack	PM Snack	PM Snack	PM Snack	PM Snack
Bananas Oreo Cookie Crumbs Yogurt Water	Cheese, Cucumber Slices Crackers Water	Pumpkin Dip Apple Slices Digestive Cookies Water	Hard Boiled Eggs Multigrain Crackers Water	Fresh Fruit Fish Crackers Water